

2009

Winter  
Edition

# The Advocate

Quarterly Newsletter of the Indiana Addictions Issues Coalition

Indiana  
Addictions  
Issues  
Coalition



A subsidiary of  
Mental Health  
America of Indiana

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The Indiana Addictions Issues Coalition is funded, in part, by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction.

## IAIC Recovery Month 2009

### The Indiana Addictions Issues Coalition

kicked off Recovery Month with the recovery cookout



Recovery Cookout September 5, 2009

celebration. More than 80 recovering individuals, their friends and family members attended the afternoon event at Park Tudor Shelter Pavilion. Janice C. and Chuck B.

both told moving stories of recovery.

Later in the day, IAIC Board chair Deb Richmond talked to the crowd about addictions advocacy and it's importance. Music was provided free for the second year from the band the "Procrastinators."

Many thanks to the planning committee for making it a great event. Committee Chair, Isaac Spain, committee members, Jennifer Fentress, Dennis Ailes,



Dan Crowe, Jendayi Mayibuye, Regina Lee, Deborah Richmond, Gina Fears, Kem M. and Judy H. Thanks to all who made it a great day!!

Continued on next page.

## Websites for IAIC: Social networking

Everyone needs friends and support, especially when in recovery. One of the latest trends for social interactions are through online social networking sites. However, many social networking sites are triggers for a variety of addictions because of the types of blogs, online chats, and photos. But, there are many social networking sites that are specifically geared toward recovery. These free websites are a great resource for people in a variety of stages of recovery. Membership to one or more of these sites can provide 24 hour support for individuals in many recovery situations.

<http://recoveryissexy.com/>

This website is a self-help website to discuss a variety of addiction topics ranging from alcoholism, addiction, gambling, overeating, anorexia, codependency and sex addiction. The underlying philosophy behind the website is that addiction isn't sexy...recovery is sexy.

[www.intherooms.com](http://www.intherooms.com)

A social networking website, this resource is for everyone from those considering treatment to in people in recovery to family members and friends of those in recovery. This is a resource for people to make social connections to provide support and connectivity during times of success and challenge.

[www.sobercircle.com](http://www.sobercircle.com)

Sobercircle.com is a website that was created to spread recovery messages and encourage sober-living to anyone in need. Sobercircle hosts 12 step meetings. Blogs, media presentations and online chatting are all features of this website. This website has been in use since 2006 and continues to serve as a resource worldwide.

<http://myrecoveryospace.com/>

This website is a social networking site for those in recovery. Support for recovery from addictive behaviors is provided here by individuals in a variety of stages of recovery. There is not a specific addiction/issue or belief system that guides this site so many different perspectives towards recovery are shared at this site. This site does not provide professional advice or medical assistance.

<http://www.addictiontribe.com>

This website is one of many types of "tribes" or groups of people that are all facing adversity together. Addictiontribe allows for all of the same features as Facebook or Myspace but also has features such as "Find a therapist", "Addiction News" and "Mental Health News". Once a member, individuals can join other tribes on specific topics that may be of interest.

## September Recovery Month Continued

The **2nd Annual Recovery Ride** was held on 9/25/09 and this year the event garnered media attention from Fox 59 news. Also dropping by, Steve Reeves, the host of Steel Horse, a central Indiana motorcycle enthusiast's show. The message that we recover was apparent through out the segment. Namely, because all ride participants, who were interviewed, knew, understood and repeated the same message, recovery happens! To watch the Steel Horse segment simply log on to the IAIC web site <http://www.recoveryindiana.org> under events. Or, look us up Facebook.



*Welcome new members*

Snider Page, Kimtoiya Sam, Claryce Burris, Kathleen Gill, Julie Cox, Robert Bartenbach, Seth Ireland, Anne Terwilliger, Suzanne Perryman, Leslie Beagle. Shauna Brastock, Geoffrey Tyson, Forrest Hines, Darrius Brannon, Sarah Steele, Daniel Sidwell, RM Burns, Larry Boggs, Sonya Savoie, Luis Rodriguez, Casie Friend, Jordan George, Katina Haskell, Cindi Snelson and Ryan Fear

**2009 HAWK WALK**

It was a beautiful day on Oct 17, this year at The 24 Group's fourth annual "Hawk Walk...First Steps to recovery" 5k and family fun walk. The non-profit foundation's annual event raises awareness about addiction and raises money to provide recovery support services for adolescents suffering from the disease of addiction. All of the proceeds from the walk go to assist adolescents in paying for treatment for substance abuse.

This year, walkers and corporate sponsors we were able to raise enough funds for nearly 200 days of transitional living support for young persons in early recovery from the disease of addiction!!! You can learn more about the group and walk at <http://the24group.org>.

**Working together, RECOVERY from addiction will be REALITY!****INDIVIDUAL MEMBERSHIP**

- \_\_\_ Community member (no fee)  
 \_\_\_ Supporting member \$10.  
 \_\_\_ Partner \$30.  
 \_\_\_ Advocate \$100.+

**CORPORATE MEMBERSHIP (annual)**

- \_\_\_ Corporate \$100.  
 \_\_\_ Silver \$250.  
 \_\_\_ Gold \$500.  
 \_\_\_ Platinum \$1000.+

\_\_\_ Gift: I wish to give a membership to the individual or family designated below

You can pay online at

<https://secure.entango.com/donate/geBL5zhEans>

Please make checks payable to the IAIC  
 mail to: Indiana Addictions Issues Coalition  
 1431 North Delaware Street  
 Indianapolis, Indiana 46202

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

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State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_ Please contact me about volunteering

Please send the newsletter via email

**The IAIC always accepting submissions for our quarterly newsletter. Please send articles, poetry or photos to: Indiana Addictions Issues Coalition, 1431 North Delaware Street Indianapolis, IN 46202 or electronically to [jmatheny@mhai.net](mailto:jmatheny@mhai.net).**



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Issues Coalition***

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**....helping Hoosiers in recovery.**

*The Indiana Addictions  
Issues Coalition is a broad-  
based, diverse, not-for-profit  
organization focused on  
creating and taking advantage of  
opportunities to bring all  
interested individuals and  
entities together, projecting a  
unified voice educating,  
influencing and advocating for  
addiction issues with the goal of  
changing attitudes and beliefs  
about addiction and improving  
the lives of those  
affected by addiction  
The IAIC mission is to promote  
recovery through advocacy,  
education and service..*

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***Indiana Addictions Issues Coalition***

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