



Spring Newsletter

Hello Spring!

With the weather finally getting warmer, we are excited about a new season for events, programs and advocacy efforts.



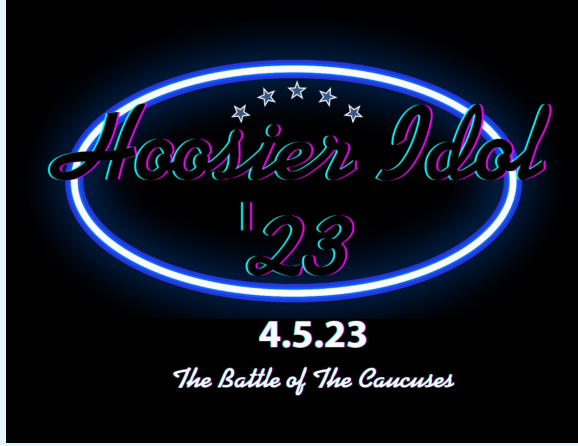
Congrats Brandon!

The entire IAIC/IRN/MHAI team is sad to see our fierce leader move on to a new position outside of MHAI, but we are extremely thankful for the work that Brandon George has done to change the landscape in recovery support services in Indiana over the past five years.

Brandon was presented the Sagamore of the Wabash by Doug Huntsinger with Governor Holcomb's office. The award is the highest honor bestowed by a sitting Governor of Indiana for persons who have rendered a distinguished service to the state of Indiana.

It goes without saying that he will be missed but the legacy he has left behind will carry on forever by helping many Hoosiers find recovery.

Thanks Brandon!



Hoosier Idol

We invite you to join Mental Health America in Hoosier Idol 2023 - The Battle of the Causes. In addition, MHA will recognize Mental Health America of Indiana's 2023 Legislator of the Year, celebrating the state legislator who has gone above and beyond to pass critical legislation in mental health and addiction for Indiana.

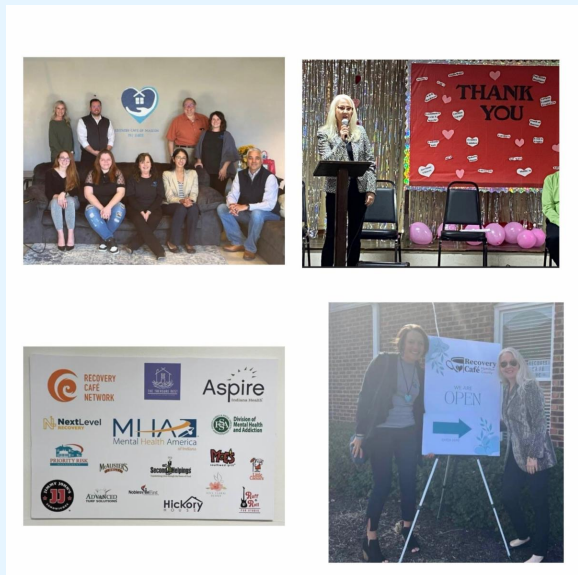
[Join Us](#)



Beyond Substance Podcast

The Beyond Substance podcast deepens the understanding of our listeners about substance use in Marion County, specifically the problems and solutions to address these issues and to highlight that there is hope and share what can be done to foster and support recovery in our community.

[Listen Now](#)



Recovery Cafe Openings

The MHA team has been out and about supporting the Recovery Cafe Grand Openings in Madison, Daviess and Hamilton Counties. We are cheering you on every step



Addictions Coalition of Delaware County Symposium

The ACDC held their 4th Annual Symposium on Substance Use Disorders, March 17th on the Ball State University Campus. The focus was on Harm Reduction. Visit their website to learn more.

[ACDC Website](#)

We Bloom Website



IAIC
Indiana Addictions Issues Coalition
Advocacy, Education, Recovery Forward

NextLevel Recovery
INDIANA RECOVERY NETWORK
Division of Mental Health and Addiction

REGIONAL RECOVERY HUBS

Indiana Recovery Network, a program of Mental Health America of Indiana (MHA) has created Regional Recovery Hubs distributed geographically around the state. These Hubs will expand our ability to connect Hoosiers with mental health and substance use disorders to treatment and recovery supports through Certified Peer Recovery Coaches, Community Health Workers, and Certified Recovery Specialists. These Regional Recovery Hubs will be able to assist individuals with mental health and substance use disorders, regardless of where someone is in their recovery journey.

WHERE

- Northwest Indiana Organizations: Integrative Wellness (inWell), Three20 Recovery, Phoenix Recovery Solutions QRT, Recovery Connection, Liberty House Recovery Cafe
- Northeast Indiana: Jay County Drug Prevention Coalition, Oaklawn, Turning Point SOC, Inspiration Ministries, project.ME
- Southwest Indiana: Wabash Valley Recovery Center, Next Step Foundation, Peace Zone, Safe Haven Recovery Engagement Center
- Southeast Indiana: THRIVE, 1 Voice, Connection Cafe
- Central Indiana: Indiana Addictions Issues Coalition, PACE, Minority Recovery Collective Inc. (MRCI), Recovery Cafe Indy

HOW

- The RRH project is community based, meaning services are not tied to a specific provider. This ensures that individuals can continue to engage with peer supports without restraints.
- Peers can refer individuals to detox, treatment, transitional housing, recovery residences, RCOs, RECs, food pantries, etc.

CONTACT US: Jodi Miller: jmiller@mhai.net or 317-638-3501x1230
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IAIC Peer Recovery Coach Spotlight

John Lee is credentialed as a CAPRC II-FS/GS, CCHW, and is currently continuing his education in Addiction Studies through Ivy Tech Community College. As a person in long term recovery from Mental Health and Substance Use Disorder, John works to promote Recovery and advocates for others suffering from the same stigma-related issues he dealt with in his journey. His personal experiences are what motivate him and his work in the Recovery field. Relaying the message of “Hope, Success, and Light” at the end of the tunnel following a road of destruction & darkness is important to him. He enjoys music, sports, family, and using his spare time working on his sales business. He is an active member of the recovery community.

John works with Marion County Public Health Department's Safe Syringe Program and was a recent guest on the Beyond Substance Podcast sharing his experience.

Episode 7: Harm Reduction and the Safe Syringe Access and Support Program

Thanks John for the amazing work that you do!

Listen Now

IAIC Regional Recovery Hub

The IAIC RRH for Central Indiana covers Marion, Hamilton, Hancock, Shelby, Johnson, Morgan and Hendricks Counties. The IAIC team has been busy reaching out establishing new partnerships and helping people get connected to resources in these areas. If you would like more information about the services we offer with the peer supports, please contact us.

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